

2024-2027 LHSAA Sports Season Dates *Subject to Change*

| Sport | Week | NFHS Calendar | Day(s) of Week | 2024-2025 | 2025-2026 | 2026-2027 |
|------------------------------------|----------------------|-------------------|-------------------|------------------------|------------------------|-----------------------|
| Baseball | Preseason Evaluation | Week 25-27 | Sunday-Saturday | December 22-January 11 | December 21-January 10 | December 20-January 9 |
| | 1st Practice | Week 28 | Monday | January 13 | January 12 | January 11 |
| | Earliest Jamboree | Week 31 | Thursday-Saturday | February 6-8 | February 5-7 | February 4-6 |
| | First Contest | Week 32 | Monday | February 10 | February 9 | February 8 |
| | Regular Season Ends | Week 41 | Monday | April 14 | April 13 | April 12 |
| | State Championships | Week 45 | Tuesday-Saturday | May 13-17 | May 12-16 | May 11-15 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Girls' Basketball (Class B & C) | 1st Practice | Week 10 | Monday | September 9 | September 8 | September 7 |
| | Earliest Jamboree | Week 17 | Monday-Saturday | October 28-November 2 | October 27-November 1 | October 26-31 |
| | First Contest | Week 18 | Monday | November 4 | November 3 | November 2 |
| | Regular Season Ends | Week 32 | Saturday | February 15 | February 14 | February 13 |
| | State Championships | Week 35 | Monday-Saturday | March 3-8 | March 2-7 | March 1-6 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Girls' Basketball (Class 1A-5A) | 1st Practice | Week 15 | Monday | October 14 | October 13 | October 12 |
| | Earliest Jamboree | Week 19 | Monday-Saturday | November 11-16 | November 10-15 | November 9-14 |
| | First Contest | Week 20 | Monday | November 18 | November 17 | November 16 |
| | Regular Season Ends | Week 32 | Saturday | February 15 | February 14 | February 13 |
| | State Championships | Week 35 | Monday-Saturday | March 3-8 | March 2-7 | March 1-6 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Boys' Basketball (Class B & C) | 1st Practice | Week 10 | Monday | September 9 | September 8 | September 7 |
| | Earliest Jamboree | Week 17 | Monday-Saturday | October 28-November 2 | October 27-November 1 | October 26-31 |
| | First Contest | Week 18 | Monday | November 4 | November 3 | November 2 |
| | Regular Season Ends | Week 33 | Saturday | February 22 | February 21 | February 20 |
| | State Championships | Week 36 | Monday-Saturday | March 10-15 | March 9-14 | March 8-13 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Boys' Basketball (Class 5A-1A) | 1st Practice | Week 15 | Monday | October 14 | October 13 | October 12 |
| | Earliest Jamboree | Week 19 | Monday-Saturday | November 11-16 | November 10-15 | November 9-14 |
| | First Contest | Week 20 | Monday | November 18 | November 17 | November 16 |
| | Regular Season Ends | Week 33 | Saturday | February 22 | February 21 | February 20 |
| | State Championships | Week 36 | Monday-Saturday | March 10-15 | March 9-14 | March 8-13 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Bowling | 1st Practice | 1st Day of School | N/A | N/A | N/A | N/A |
| | Earliest Jamboree | Week 28 | Monday-Saturday | January 13-18 | January 12-17 | January 11-16 |
| | First Contest | Week 29 | Monday | January 20 | January 19 | January 18 |
| | Regular Season Ends | Week 37 | Thursday | March 20 | March 19 | March 18 |
| | State Championships | Week 40 | Wednesday-Friday | April 9-12 | April 8-11 | April 7-10 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |

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| Sport | Week | NFHS Calendar | Day(s) of Week | 2024-2025 | 2025-2026 | 2026-2027 |
|--------------------|--------------------------|-----------------|--------------------|-----------------------|-----------------------|-----------------------|
| Cross Country | 1st Practice | Week 6 | Monday | August 12 | August 11 | August 10 |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | Week 9 | Monday | September 2 | September 1 | August 31 |
| | Regular Season Ends | Week 18 | Saturday | November 9 | November 8 | November 7 |
| | State Championships | Week 20 | Monday | November 18 | November 17 | November 16 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Football | 1st Practice | Week 6 | Monday | August 12 | August 11 | August 10 |
| | Earliest Jamboree | Week 8 | Thursday-Saturday | August 29-31 | August 28-30 | August 27-29 |
| | First Contest | Week 9 | Thursday | September 5 | September 4 | September 3 |
| | Regular Season Ends | Week 18 | Saturday | November 9 | November 8 | November 7 |
| | State Championships | Week 23 | Thursday-Saturday | December 12-14 | December 11-13 | December 10-12 |
| | Spring Practice (Winter) | Week 28-31 | Monday-Saturday | January 13-February 8 | January 12-February 7 | January 11-February 6 |
| | Spring Practice | Week 43 | Monday-Saturday | April 28-May 3 | April 27-May 2 | April 26-May 1 |
| Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 | |
| Golf | 1st Practice | N/A | N/A | N/A | N/A | N/A |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | N/A | N/A | N/A | N/A | N/A |
| | Regionals | Week 43 | Monday-Thursday | April 28-May 1 | April 27-30 | April 26-29 |
| | State Championships | Week 44 | Monday-Tuesday | May 5-6 | May 4-5 | May 3-4 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Gymnastics | 1st Practice | N/A | N/A | N/A | N/A | N/A |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | N/A | N/A | N/A | N/A | N/A |
| | Regular Season Ends | Week 39 | Monday | March 31 | March 30 | March 29 |
| | State Championships | Week 41 (40**) | Friday-Saturday | April 11-12** | April 17-18 | April 16-17 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Powerlifting | 1st Practice | Week 21 | Monday | November 25 | November 24 | November 23 |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | Week 24 | Monday | December 16 | December 15 | December 14 |
| | Regular Season Ends | Week 32 (Boys) | Wednesday | February 12 | February 11 | February 10 |
| | Regular Season Ends | Week 33 (Girls) | Wednesday | February 19 | February 18 | February 17 |
| | State Championships | Week 38 | Wednesday-Saturday | March 26-29 | March 25-28 | March 24-27 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |

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| Sport | Week | NFHS Calendar | Day(s) of Week | 2024-2025 | 2025-2026 | 2026-2027 |
|--------------------------|----------------------|---------------|--------------------|--------------------------|-------------------------|------------------------|
| Soccer | 1st Practice | Week 15 | Monday | October 14 | October 13 | October 12 |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | Week 20 (19*) | Monday | November 11* | November 17 | November 16 |
| | Regular Season Ends | Week 31 (30*) | Monday | January 27* | February 2 | February 1 |
| | State Championships | Week 34 (33*) | Wednesday-Saturday | February 19-February 22* | February 25-28 | February 24-27 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Softball | Preseason Evaluation | Week 19-23 | Monday-Saturday | November 11-December 14 | November 10-December 13 | November 9-December 12 |
| | 1st Practice | Week 29 | Monday | January 20 | January 19 | January 18 |
| | Earliest Jamboree | Week 32 | Thursday-Saturday | February 13-15 | February 12-14 | February 11-13 |
| | First Contest | Week 33 | Tuesday | February 18 | February 17 | February 16 |
| | Regular Season Ends | Week 41 | Tuesday | April 15 | April 14 | April 13 |
| | State Championships | Week 43 | Friday-Saturday | May 2-3 | May 1-2 | April 30-May 1 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Swimming | 1st Practice | Week 6 | Monday | August 12 | August 11 | August 10 |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | Week 9 | Monday | September 2 | September 1 | August 31 |
| | Regular Season Ends | Week 19 | Monday | November 11 | November 10 | November 9 |
| | State Championships | Week 20 | Wednesday-Saturday | November 20-23 | November 19-22 | November 18-21 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Tennis | 1st Practice | N/A | N/A | N/A | N/A | N/A |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | N/A | N/A | N/A | N/A | N/A |
| | Regionals | Week 42 | Monday-Tuesday | April 21-22 | April 20-21 | April 19-20 |
| | State Championships | Week 43 | Monday-Friday | April 28-May 2 | April 27-May 1 | April 26-30 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Track and Field (Indoor) | 1st Practice | Week 24 | Monday | December 16 | December 15 | December 14 |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | Week 26 | Saturday | January 4 | January 3 | January 2 |
| | Regular Season Ends | Week 32 | Saturday | February 15 | February 14 | February 13 |
| | State Championships | Week 33 | Saturday | February 22 | February 21 | February 20 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |

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| Sport | Week | NFHS Calendar | Day(s) of Week | 2024-2025 | 2025-2026 | 2026-2027 |
|------------------------------|---------------------|---------------|-------------------|-----------------------|-----------------------|----------------|
| Track and Field (Outdoor) | 1st Practice | Week 31 | Monday | February 3 | February 2 | February 1 |
| | Earliest Jamboree | N/A | N/A | N/A | N/A | N/A |
| | First Contest | Week 35 | Monday | March 3 | March 2 | March 1 |
| | Regular Season Ends | Week 42 | Saturday | April 26 | April 25 | April 24 |
| | State Championships | Week 44 | Thursday-Saturday | May 8-10 | May 7-9 | May 6-8 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Volleyball | 1st Practice | Week 6 | Monday | August 12 | August 11 | August 10 |
| | Earliest Jamboree | Week 8 | Monday-Saturday | August 26-31 | August 25-30 | August 24-29 |
| | First Contest | Week 9 | Monday | September 2 | September 1 | August 31 |
| | Regular Season Ends | Week 17 | Saturday | November 2 | November 1 | October 31 |
| | State Championships | Week 19 | Thursday-Saturday | November 14-16 | November 13-15 | November 12-14 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |
| Wrestling | 1st Practice | Week 14 | Monday | October 7 | October 6 | October 5 |
| | Earliest Jamboree | Week 17 | Monday-Saturday | October 28-November 2 | October 27-November 1 | October 26-31 |
| | First Contest | Week 18 | Monday | November 4 | November 3 | November 2 |
| | Regular Season Ends | Week 31 (30*) | Saturday | February 8 | January 31* | February 6 |
| | State Championships | Week 32 (31*) | Friday-Saturday | February 14-15 | February 6-7* | February 12-13 |
| | Summer Rules Begin | Week 46 | Sunday | May 18 | May 17 | May 16 |

Notes: *Mardi Gras Conflicts - Tuesday, March 4, 2025; Tuesday, February 17, 2026

[] Soccer* - 2025 State Championships will move from Week 34 to Week 33 (February 19-22, 2025)

[] Wrestling* - 2026 State Championships will move from Week 32 to Week 31 (February 6-7, 2026)

**Easter Conflicts - Sunday, April 20, 2025

[] Gymnastics** - 2025 State Championships will move from Week 41 to Week 40 (April 11-12, 2025)